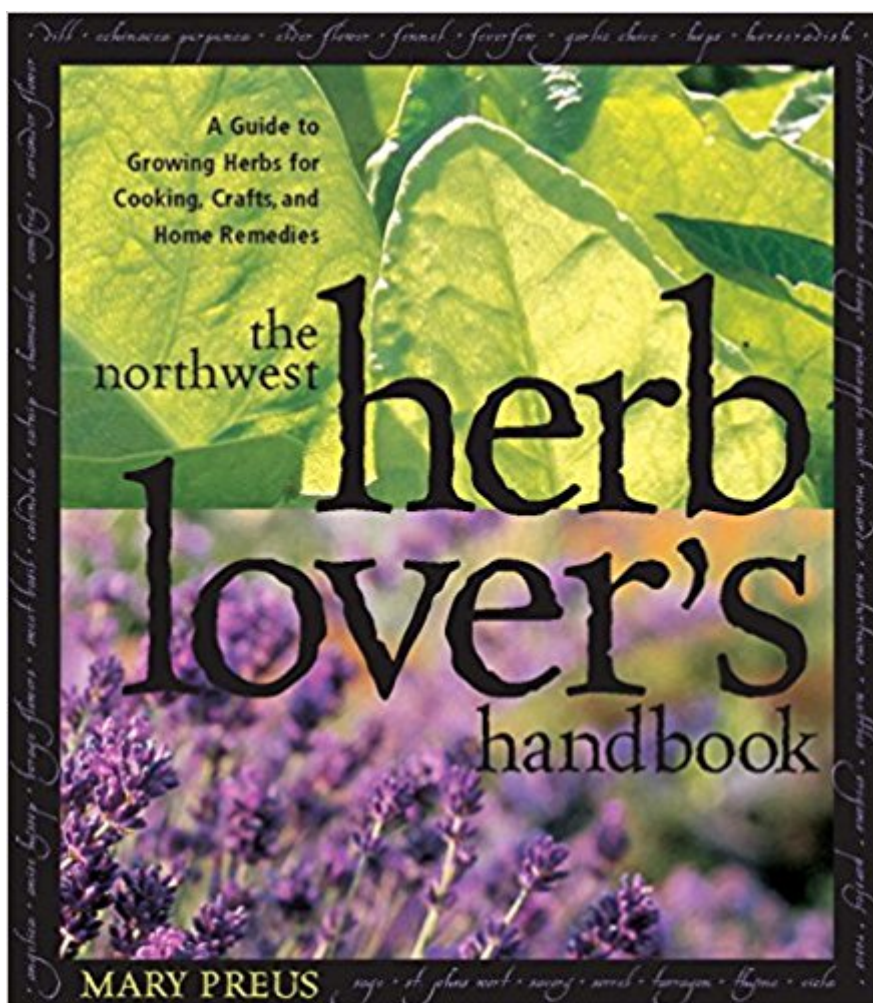


The book was found

# Northwest Herb Lover's Handbook: A Guide To Growing Herbs For Cooking, Crafts, And Home Remedies



## Synopsis

The soothing smell of lavender, rosemary's piney flavor, the bright colors of nasturtiums . . . herbs are wonderful things! In this handsome volume, Mary Preus provides a delightful entree into the world of herbs with detailed instructions on how to grow 50 of the most popular herbs and create an herbal lifestyle. Easy and delicious recipes, herbal crafts and gifts, landscaping with herbs, traditional and modern medicinal use, aromatherapy--it's all here in The Northwest Herb Lover's Handbook.

## Book Information

Paperback: 272 pages

Publisher: Sasquatch Books (February 29, 2000)

Language: English

ISBN-10: 1570611726

ISBN-13: 978-1570611728

Product Dimensions: 7.1 x 0.7 x 8.1 inches

Shipping Weight: 1 pounds

Average Customer Review: 4.8 out of 5 stars 8 customer reviews

Best Sellers Rank: #1,675,031 in Books (See Top 100 in Books) #77 in [Books > Crafts, Hobbies & Home > Gardening & Landscape Design > By Region > Pacific Northwest](#) #760 in [Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Herbs](#)

## Customer Reviews

Mary Preus, author of Growing Herbs, owned and operated the Silver Bay Herb Farm in Silverdale for 20 years. She has sold her products at the Pike Place Market and taught classes on growing and using herbs. Preus lives in Seattle.

Excellent reading, especially as we are certified organic growers of botanicals, selling them to a distiller and attempting to learn more about herbs as we go. This was all about the basics, but it did cover scientific names, medicinal, culinary, and cosmetic uses. Originally I borrowed it from the local library, then realized it was a book we needed in our personal home library.

A great read for herb gardeners everywhere. The writing style is light and interesting with lots of ideas for propagation and gorgeous photos of the 50 featured herbs.

This is one of my favorite books and have given as a gift as I feel it is just that great. Fast and Quick delivery.

Very informative

I enjoy gardening, cooking and crafts. The Northwest Herb Lover's Handbook has it all. I have been enjoying this book very much. Thank You!

This is Mary Preus' second book about herbs. The first, "Growing Herbs", covered the basics but was limited in scope. This book expands on the first, guiding the reader deeper into the world of herbs as well as describing 50 of the best-known herbs in detail. While the book is focussed on growing herbs in the Pacific Northwest, it would be a useful book for herb lovers anywhere. The writer was for 20 years owner of the Silver Bay Herb Farm in Washington State. In the first 80 pages of the book she shares her extensive knowledge of herb growing basics and of using herbs for cooking, healing and crafts. She includes plenty of recipes that are both imaginative and practical. In this section also she explains how to plan and build different types of herb gardens, and how to harvest and preserve herbs. Most of the book, however, is a detailed look at 50 species of herbs. The writer includes information about planting, propagation, pests and diseases, harvesting and uses for cooking, healing and crafts. I particularly liked the information about the chemical elements found in each species and their value in balanced healing and a healthy diet. This is a thoughtfully written book from a knowledgeable and experienced herb gardener. The book ends with a calendar of seasonal tasks in the herb garden, a list of the herb gardens open in the region, sources for plants and seeds, and publications and societies of interest to herb gardeners.

This is Mary Preus' second book about hers. The first, "Growing Herbs", covered the basics but was limited in scope. This book expands on the first, guiding the reader deeper into the world of herbs as well as describing 50 of the best-known herbs in detail. While the book is focussed on growing herbs in the Pacific Northwest, it would be a useful book for herb lovers anywhere. The writer was for 20 years owner of the Silver Bay Herb Farm in Washington State. In the first 80 pages of the book she shares her extensive knowledge of herb growing basics and of using herbs for cooking, healing and crafts. She includes plenty of recipes that are both imaginative and practical. In this section also she explains how to plan and build different types of herb gardens, and how to harvest and preserve herbs. Most of the book, however, is a detailed look at 50 species of herbs. The writer includes

information about planting, propagation, pests and diseases, harvesting and uses for cooking, healing and crafts. I particularly liked the information about the chemical elements found in each species and their value in balanced healing and a healthy diet. This is a thoughtfully written book from a knowledgeable and experienced herb gardener. The book ends with a calendar of seasonal tasks in the herb garden, a list of the herb gardens open in the region, sources for plants and seeds, and publications and societies of interest to herb gardeners.

This is a very concise and helpful book for the beginning gardener.

[Download to continue reading...](#)

Northwest Herb Lover's Handbook: A Guide To Growing Herbs for Cooking, Crafts, and Home Remedies How To Dry Herbs At Home: The Ultimate Guide To Drying Herbs (Herb Gardening, Herbs And Spices, Condiment Recipes, Condiment Cookbook, Herbal Recipes, ... Mixing Herbs, Spices, Sauces, Barbecue) Indoor Herb Gardens: An Introduction To Growing Herbs Inside (Indoor Gardens, Indoor Gardening, Indoor Herb Gardens, Indoor Herb Gardening Book 1) Growing Marijuana: Box Set - Growing Marijuana For Beginners & Advanced Marijuana Growing Techniques (Growing Marijuana, Marijuana Growing, Growing Marijuana Indoors) Growing Mushrooms for Profit: The Definitive Step-By-Step Guide to Growing Mushrooms at Home for Profit (Growing Mushrooms for Profit, Growing Mushrooms ... Mushrooms, Growing Oyster Mushrooms) Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes Growing Herbs: A Beginner's Guide on Growing the Most Useful Culinary Herbs at Home Herb Gardening: Beginner's Guide to Growing Organic Herbs at Home Growing Marijuana: Marijuana Growing Tips and Tricks to Get Big Yields For Beginners! (Growing Marijuana For Beginners, Growing Marijuana Indoors & Outdoors, Growing Marijuana Tips and Tricks) Herbs to Relieve Headaches: Safe, Effective Herbal Remedies for Every Type of Headache (Good Herb Guide Series) Natural Antibiotics And Antivirals: The Complete Guide To Homemade Natural Herbal Remedies To Prevent And Cure Infections and Allergies (Home Remedies, Herbal Remedies, Organic Antibiotics) Your Backyard Herb Garden: A Gardener's Guide to Growing, Using and Enjoying Herbs Organically Herbs: How To Dry And Prepare Your Herbs - A Herbal Beginners Guide: :: Easy To Follow And Learn How To Dry And Store Your Herbs ONLY! American Medicinal Leaves And Herbs; Guide To Collecting Herbs and Using Medicinal Herbs and Leaves The Dog Lover's Companion to the Pacific Northwest: The Inside Scoop on Where to Take Your Dog (Dog Lover's Companion Guides) Drying Garden Herbs: The Ultimate Guide To Drying Herbs - Amazing

Tips And Tricks On How To Easily Dry Fresh Herbs Medicinal Herbs: Aromatherapy, Essential Oils and Medicinal Herbs To Improve Your Health (Medicinal Herbs For Beginners Book 1) A Beginner's Guide to Patio and Kitchen Herb Gardens: 21 Herbs You Can Grow at Home (Gardening Quick Start Guides Book 5) African holistic Health: Complete Herb Remedy Guide, Dis-ease Treatments, Nutrition, Diet, Wholistic Perspectives, africa Herb Histroy, Self Diagnosis, Charts, Wholistic Sex Laws, Herpes and AIDS Treatments, Cocaine Detox, and Foods That Kill Container: Herb Gardening, Made Easy: How To, Grow Fresh Herbs, At Home, In Pots (Beginners, Guide, Green House Plan, Medicinal, Homegrown Use, Natural ... Tiny House, Backyard Farming Book 5)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)